

Transgender Student Rights in Schools

Originally published through Equality Ohio

US - November 2021

Ohio schools may, at times, have difficult situations arise regarding the treatment of transgender students. The good news is, the law is already quite clear on obligations toward these students:

- Many boards of education across the state have policies that specifically prohibit discrimination based on gender identity.
- Courts in Ohio have interpreted the state's antidiscrimination laws to prohibit discrimination based on gender identity (as a subset of "sex").
- Federal law also includes gender identity as a subset of "sex," and prohibits discrimination based on gender identity.

Although we have seen even more courts take this approach in recent years, Ohio courts have long said that if employers cannot discriminate against women for not wearing dresses or make-up (see Price Waterhouse v. Hopkins, 490 U.S. 228, 109 S. Ct. 1775 (1989)), "[i]t follows those employers who discriminate against men because they do wear dresses and makeup, or otherwise act femininely, are also engaging in sex discrimination." Smith v. City of Salem, Ohio, 378 F.3d 566, 574 (6th Cir. 2004). In 2012, the Equal Employment Opportunity Commission (EEOC) extended protections under Title VII, which prohibits discrimination in employment, to transgender employees. Macy v. Holder, No. 0120120821, 2012 EEOPUB LEXIS 1181, 2012 WL 1435995, at *11 (E.E.O.C. Apr. 20, 2012). And in 2020, the U.S. Supreme Court explicitly extended Title VII protections to transgender employees, holding, "When an employer fires an employee for being homosexual or transgender, it necessarily intentionally discriminates against that individual in part because of sex." Bostock v. Clayton County, 140 S. Ct. 1731 (2020).

Like Title VII, which relates to employment protections, Title IX prohibits discrimination in schools. Title IX is specific to sex discrimination and applies to students, employees and community members interacting with the school district. Federal courts around the country have held that Title IX requires schools to accommodate transgender students. The Sixth Circuit Court of Appeals, which is the federal appeals court that sits over Ohio, has specifically said that schools failing to accommodate transgender students cause irreparable harm to the transgender student. See Bd. of Educ. of Highland Local Sch. Dist. v. Dep't of Educ., 208 F. Supp. 3d 850, 870-871 (S.D. Ohio 2016) (finding, "Some issues in this case are difficult, but determining whether [the student] has been harmed from the School District's policy is not one of them" and pointing to the fact that the student was deemed a suicide risk and had developed an eating disorder because "she feels stigmatized and isolated when she is not treated as a girl and

... she has been bullied at school"); Dodds v. Dep't of Educ., 845 F.3d 217, 221-222 (6th Cir. 2016) (maintaining the preliminary injunction against a district that failed to accommodate and finding (1) "the record establishes that Doe, a vulnerable eleven year old with special needs, will suffer irreparable harm if prohibited from using the girls' restroom . . . Highland's exclusion of Doe from the girls' restrooms has already had substantial and immediate adverse effects on the daily life and well-being of an eleven-year-old child" and (2) the public interest weighed "strongly" in favor of the student). Just this year, the Supreme Court declined to take up these Title IX cases, allowing all of the holdings in favor of transgender students to stand. Grimm v. Gloucester County Sch. Bd., 972 F.3d 586 (4th Cir. 2020), cert denied June 28, 2021.

So what accommodations are required?

- Students must be permitted to use the restrooms and locker rooms of the gender with which they identify. Any student may be offered single-occupancy/ unisex options, but no student can be required to use those facilities. *Grimm v. Gloucester County Sch. Bd.*, 972 F.3d 586 (4th Cir. 2020), cert denied February 24, 2021. Outside the Title IX context, Ohio courts have also upheld school district decisions to build unisex restrooms rather than restrooms separated by sex, in part recognizing the stress placed on transgender students of sex-segregated facilities. See *Upper Arlington City Sch. Dist. Bd. of Educ. v. City of Upper Arlington Bldg. Dep't*, 2021-Ohio-3718 (App. 10th Dist. 2021).
- Students must be permitted to room on overnight trips in accordance with their gender identity. Arcadia Unified Sch. District, Investigatory Letter, OCR Case No. 09-12-1020; Dear Colleague Letter on Transgender Students, May 13, 2016.
- In general, students must be addressed by their names and pronouns in accordance with their gender identity. This means all day-to-day records (ID badges, classroom references, etc.) should be in the child's identified name/gender. Official records (transcripts, enrollment paperwork, grade reports, EMIS attendance data, etc.) should use the student's legal name and gender. If a student changed their legal name or gender, official records should be updated to reflect such changes.
- Students must be permitted to participate in extracurricular activities in accordance with their gender identity. For sports regulated by the Ohio High School Athletic Association (OHSAA), transgender students may participate consistent with OHSAA regulations. See also Hecox v. Little, 479 F. Supp. 3d 930 (D. Idaho 2020).

Note that a student's gender identity is considered private – and therefore protected – information. In general, under the Family Educational Rights and Privacy Act (FERPA), schools may not share a student's gender identity without the student's consent. Courts have held that students do have a privacy interest in their sexual orientation or gender identity and that their decision to disclose that information in some contexts does not waive the privacy right. See *Nguon v. Wolf*, 517 F. Supp. 2d 1177, 1191 (C.D. Cal. 2007). For example, a student coming out to a trusted teacher does not mean the student has consented to the teacher's further disclosure of that information.

Depending on the age of the child, a school may not disclose the student's gender identity to the student's parents or guardians. See Nguon v. Wolf. This is perhaps the most difficult area for schools. Guidance from the federal government makes clear parents do not have an automatic right to information about their child's gender identity, especially the older the child gets. In practice, this means for middle school and high school students, schools should defer to students with regard to whether or not information about their gender identity is shared with parents. This is particularly important when students indicate they have concerns about their safety at home. (Similar rules apply outside the school context. For example, in Sterling v. Borough of Minersville, 232 F.3d 190 (3d Cir. 2000), the court recognized that a police officer violated a teenager's rights when he threatened to disclose the teen's sexual orientation to his parents.) While FERPA generally guarantees parents access to all of their students' educational records, where FERPA and Title IX conflict, Title IX will control, meaning where disclosure of student information could create a situation where the District has enabled or participated in sex discrimination, it may not disclose the information. Office for Civil Rights, U.S. Dep't of Educ., Revised Sexual Harassment Guidance: Harassment of Students by School Employees, Other Students, or Third Parties vii (January 19, 2001).

Best Practices and Takeaways:

- **Develop a policy** Having a written policy consistent with the law as described above ahead of time on how the district will address issues facing LGBTQ+ students and staff will prevent accusations that the district applies different standards for different people.
- Accommodate without segregating Policies
 related to LGBTQ+ students and staff must address
 the special issues they face without singling them out
 for separate treatment or increased focus.
- Consider special education implications Transgender students may qualify for IEPs or 504 plans based on gender dysphoria, anxiety, depression or other psychological distress.

Contact



Emily R. Spivack
Senior Associate, Cleveland
T +1 216 479 8001
E emily.spivack@squirepb.com