SQUIRE PATTON BOGGS

Charlie Frost

Partner

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About Charlie

Charlie Frost is a partner in our Labour & Employment team, based in the Birmingham office.

Charlie regularly provides strategic support to clients on multijurisdictional projects, including business reorganisations and collective consultation issues. He has expertise advising on board-level appointments and departures, as well as the handling of sensitive disciplinary and grievance matters.

Charlie is an experienced litigator who takes a particular interest in interim injunctive relief applications in the High Court concerning enforcement of post-termination restrictive covenants and protection of confidential information. Charlie also regularly handles high-value and complex discrimination and whistleblowing claims in the employment tribunal.

Charlie is an experienced presenter and regularly presents at seminars and training events on key developments in employment law. He also takes a proactive role in the design and implementation of events with clients and third parties.

Credentials

Education

- The University of Manchester, LL.B., Honors, 1996
- College of Law, Chester, L.P.C., 1997

Admissions

- England and Wales, 1999

Recognitions

- Recommended in *Chambers UK* 2027 for Employment, Birmingham (Midlands)
- Recommended in *Legal 500 UK* 2027 for Employment – Birmingham
- Recognised as a Stand-out Lawyer by Thomson Reuters on its Stand-out Lawyers list 2023

Expertise

Services

- Labor & Employment

Industries

- Healthcare

Testimonials

- "Charles Frost acts for significant clients on a range of complex employment issues. He has a robust strategic practice advising on cross-border projects and grievance procedures, alongside expertise in tribunal and High Court litigation." *Chambers* 2027
- "Charlie is our relationship partner and often advises us on UK issues. I cannot speak highly enough of Charlie's knowledge, skill and personality." *Chambers* 2027

About our firm

One of the world's strongest integrated law firms, providing insight at the point where law, business and government meet. We deliver commercially focused business solutions by combining our legal, lobbying and political capabilities and invaluable connections on the ground to a diverse mix of clients, from long-established leading corporations to emerging businesses, startup visionaries and sovereign nations. More than 1,500 lawyers in over 40 offices across four continents provide unrivaled access to expertise.