

Helen Saunders

Associate

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About Helen

Helen Saunders is an associate in the Environmental, Safety & Health Practice, based in the Manchester office. She has experience working on various aspects of environmental, safety and health law, including regulatory investigations and prosecutions arising out of health, safety and environmental matters.

Helen qualified in September 2025 after completing a two-year training contract with the firm. She sits on the firm's business resource groups, and has volunteered as a mentor through university schemes.

Outside the office, Helen is an associate member of the Institute of Industrial Accident Investigators.

Credentials

Education

- BBP Law School, L.P.C., 2023
- University of Sheffield, G.D.L., 2018
- University of Sheffield, B.A. (Hons), Business Management, 2017

Admissions

- England and Wales, 2025

Expertise

Services

- Environmental, Safety & Health

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clients, from long-established leading corporations to emerging businesses, startup visionaries and sovereign nations. More than 1,500 lawyers in over 40 offices across four continents provide unrivaled access to expertise.