

Lauren Herz

Senior Associate

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About Lauren

Lauren Herz represents companies in a wide variety of matters that arise out of the employment relationship. She serves clients in a broad range of industries and has significant experience in the fashion and beauty industries.

Lauren provides pre- and pending litigation support on many different types of employment disputes, including wage and hour litigation, and harassment and discrimination matters. She also assists in the representation of clients in Department of Labor audits of wage and hour practices. She is well versed in advising clients on matters involving employee discipline, terminations, workforce reductions, absence management, FMLA and disability, as well as on other general employment law compliance issues. Lauren has conducted multiple employee investigations, including complex harassment and discrimination allegations. She has also provided hours of in-person training to managers and human resource professionals in key areas of employment law compliance.

Lauren supports clients in their day-to-day needs on a variety of employment matters, including reviewing employment policies and procedures, and drafting employment agreements.

Credentials

Education

- Benjamin N. Cardozo School of Law 2015
- University of Southern California, B.A., History, 2011

Admissions

- New York, 2018

Courts

- U.S. Dist. Ct., S. Dist. of New York
- U.S. Dist. Ct., E. Dist. of New York

Recognitions

- Recognized at International Employment Lawyer Awards 2025 as Highly Commended
- Recognized in *International Employment Lawyers Tomorrow's Leaders* 2025
- Recognized in *The Best Lawyers in America* 2021: Ones to Watch for Litigation – Labor and Employment in New York

Expertise

Services

- Labor & Employment

About our firm

One of the world's strongest integrated law firms, providing insight at the point where law, business and government meet. We deliver commercially focused business solutions by combining our legal, lobbying and political capabilities and invaluable connections on the ground to a diverse mix of clients, from long-established leading corporations to emerging businesses, startup visionaries and sovereign nations. More than 1,500 lawyers in over 40 offices across four continents provide unrivaled access to expertise.